**Student Self-Assessment of Entry-Level Public Health Nursing Competencies**

Rate yourself at beginning and end of clinical.

Key: 1 = Not confident; 2 = Somewhat confident; 3 = Confident; 4 = Very confident

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| **Competency** | **Rate Yourself** | **Learning goal** |
| 1. Applies the public health nursing process to communities, systems, individuals, and families.
 | 1 2 3 41 2 3 4 |  |
| 1. Utilizes basic epidemiological principles (the incidence, distribution, and control of disease in a population) in public health nursing practice.
 | 1 2 3 41 2 3 4 |  |
| 3. Utilizes the principles and science of environmental health to promote safe and *sustainable* environments for individuals/families, systems, and communities. | 1 2 3 41 2 3 4 |  |
| 4. Practices public health nursing within the auspices of the Nurse Practice Act. | 1 2 3 41 2 3 4 |  |
| 5. Works within the responsibility and authority of the governmental public health system. | 1 2 3 41 2 3 4 |  |
| 6. Utilizes collaboration to achieve public health goals. | 1 2 3 41 2 3 4 |  |
| 7. Effectively communicates with communities, systems, individuals, families, and colleagues. | 1 2 3 41 2 3 4 |  |
| 8. Establishes and maintains caring relationships with communities, systems, individuals, and families. | 1 2 3 41 2 3 4 |  |
| 9. Incorporates mental, physical, emotional, social, spiritual, and environmental aspects of health into assessment, planning, implementation, and evaluation. | 1 2 3 41 2 3 4 |  |
| 10. Demonstrates non-judgmental and unconditional acceptance of people different from self. | 1 2 3 41 2 3 4 |  |
| 11. Shows evidence of commitment to social justice, the greater good, and the public health principles. | 1 2 3 41 2 3 4 |  |
| 12. Demonstrates leadership in public health nursing with communities, systems, individuals, and families. | 1 2 3 41 2 3 4 |  |